




**NOTE:** This resource been designed for teacher use as part of a professional learning day. Adaptation for use beyond this day is advised.

## Fundamental Movement Skills Activities Analysis Sheet (For use with your selected activity)

<p><b>The Activity</b></p>	<p><b>Activity name:</b></p> <p><b>Physical activity area focus:</b></p>
<p><b>The Fundamental Movement Skills (FMS) In Focus</b></p> <p>Which category best describes the FMS in focus</p>	<p><b>Circle the FMS(s) that are in focus.</b></p> <p><i>Or Add to the list</i></p> <ul style="list-style-type: none"> <li>• <b>Locomotor (transporting)</b> <input type="checkbox"/></li> <li>• <b>Stability (balance)</b> <input type="checkbox"/></li> <li>• <b>Object manipulation (control of)</b> <input type="checkbox"/></li> </ul> 
<p><b>How can students experience the learning?</b></p>	<p><b>What opportunities does this activity provide for:</b></p> <ul style="list-style-type: none"> <li>• Problem solving:</li> <li>• Being creative:</li> <li>• Social and cultural identity:</li> <li>• Experience a sense of success:</li> </ul>
<p><b>Inclusion</b></p>	<p><b>What adaptations would you make for this activity that could support all learners?</b></p> <ul style="list-style-type: none"> <li>• Equipment:</li> <li>• Rules:</li> <li>• Progression:</li> </ul>