Junior Cycle Home Economics: Unit of Learning Department Planning			
Year: 1 st year	Term: 3	Unit: 6	Duration: 6 weeks (<i>including In-house term assessments</i>) (2 x 60 minutes or 1 x 80 minutes and 1 x 40 minutes)
Theme: A stitch in time		·	
3.1 Demonstrate basic hand and machine sewing techniques 3.3 Apply basic hand sewing and/or machine sewing techniques to the making of a textile item for an individual or the home in a safe and appropriate way 3.4 Demonstrate fabric embellishment techniques 2.7 Identify how individuals, families and households can contribute to sustainable and responsible living 3.5 Appreciate the therapeutic and leisure role of participating in textile work		Key Learning Key Learning Knowledge Understanding Skills Values Explore what is a textile. Explore and discuss household textiles Demonstrate and apply basic hand stitches Demonstrate and apply fabric embellishment to include embroidery and appliqué Demonstrate and apply basic sewing machine techniques	Assessment
Action Verb		Discuss the therapeutic benefits of participating in creative textiles Investigate sustainability in textiles and the textile industry Using recycled materials – upcycle, recycle, or repurpose a household item.	
Apply: select and use information and/or knowledge and understanding to explain a given situation or real circumstances Appreciate: recognise the meaning of, have a practical understanding of Demonstrate: prove or make clear by reasoning or evidence, illustrating with examples or practical application Identify: recognise patterns, facts, or details; provide an answer from a number of possibilities; recognise and state briefly a distinguishing fact or feature			
Resources:			



