Junior Cycle Guidance

Designing the Guidance Programme at Junior Cycle





Introducing Oide



Tacú leis an bhFoghlaim
Ghairmiúil i measc Ceannairí
Scoile agus Múinteoirí Scoile agus Múinteoirí

Supporting the Professional Learning of School Leaders and Teachers









Seminar Overview



Session 1 09:30 - 11:00	Junior Cycle Guidance: From Policy to Practice Guidance Education and Junior Cycle Wellbeing Possible themes and topics
	Tea/Coffee 11:00 - 11:15
Session 2 11:15 - 13:00	Planning a Unit of Learning for Junior Cycle Guidance My Aptitudes, Values and Interests Reflection
	Lunch 13:00 - 14:00
Session 3 14:00 - 15:30	Working Collaboratively to Design a Junior Cycle Guidance Unit of Learning Reflection



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Introductions Meet and Greet Bingo







Session 1 By the end of this session participants will have:

- explored the implications of Guidance policy and reports on their practice at Junior Cycle.
- explored effective ways of incorporating Guidance into Junior Cycle.
- identified possible themes, units or topics for exploration in Junior Cycle
 Guidance.



Key Messages



There are a number of policies that inform and guide the work of a Guidance Counsellor working with Junior Cycle students.



Guidance at Junior Cycle should support students to know their aptitudes, interests and values, make informed educational choices and explore learning and career pathways.



Planning for Guidance is essential to meet the broad needs of students at Junior Cycle.



Guidance in Schools Key Legislation

Education Act 1998

A school shall use its available resources to:

- 9(c) ensure that students have access to appropriate guidance to assist them in their educational and career choices.
- 9(d) promote the moral, spiritual, **social and personal development** of students and provide health education for them, in consultation with their parents, having regard to the characteristic spirit of the school



Scope of Guidance in Post-Primary Schools



Developing Myself

- Developing & maintaining self-esteem & a positive selfconcept
- Interacting effectively with others (face-to-face & online)
- . Developing & growing throughout life

Developing My Learning

- · Employing effective personal learning/exam strategies
- Making educational choices in line with career aspirations

Developing My Career Path

- Using career related information & sources appropriately
- Understanding the world of work & life roles
- Managing career development & decision making

A Whole School Guidance Framework, NCGE 2017



From Policy to Practice Document Study

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3 How and When Learners Form their Career Opinions

3.1 Introduction

Understanding the timing well formattion of, and influences on, isomers' saves choices in important, in diverging policy to maximise the impact of carrier guidance supports. This section presents indeputed findings in radiation to isomers' (saver choice formation sectualing when learners form their parent policies), and who are the last sufficiences.

3.3 When Learners Form Opinions on Career Choice

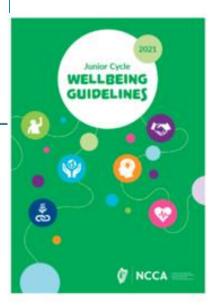
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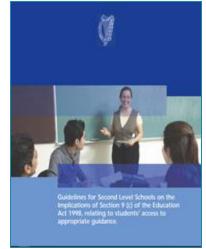
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From Policy to Practice Document Study

 Identify 2 key pieces of information from your document which could inform planning for Junior Cycle Guidance.

2. From reading your document extract, what are the implications for your practice in Junior Cycle Guidance?





Guidance and Wellbeing

Collaboration between guidance counsellors and subject coordinators is key to the success of a comprehensive and effective Wellbeing programme.

In particular, coordination and communication between the SPHE teachers and the guidance counsellor is critical to identify potential overlap of learning between SPHE and learning in Junior Cycle Guidance, and to ensure that they complement each other and avoid unhelpful duplication.

Schools are also encouraged to develop units of learning that **meet a specific need** identified through consultation with students/parents/teachers.

NCCA Junior Cycle Wellbeing Guidelines 2021 Section 4.3 PP. 46

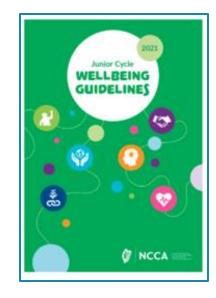


Guidance and Wellbeing Wellbeing Guidelines section 4.4

What connections did you make to your existing practice?

Is it prompting any **new** thinking?

What questions might you have?



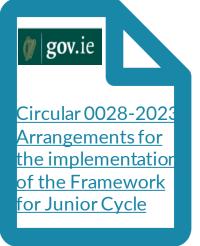


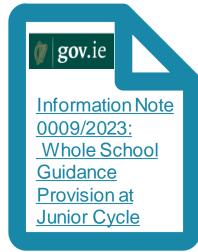


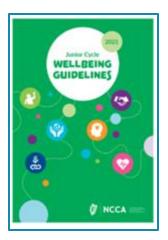
Guidance and Wellbeing **Timetabling**

Guidance education **must** be included in the school's Junior Cycle programme.

The Framework for Junior Cycle (2015) states that guidance provision may be included in the hours available for Wellbeing 'In recognition of the unique contribution that guidance can make to the promotion of students' wellbeing' NCCA Junior Cycle Wellbeing Guidelines 2021 Section 4.3 PP. 46











Timetabling

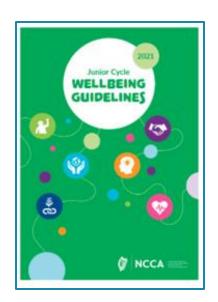
Wellbeing **Every Student** 400 Hours Three Year Cycle

PE 135 Hours

SPHE 100 Hours

CSPE 100 Hours

Other Areas of Learning 65
Hours





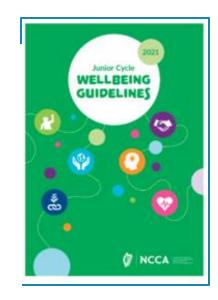


Guidance and Wellbeing Wellbeing Guidelines section 4.4

Table 3: The mathematics of timetabling wellbeing

Schools are required to provide 28 hours per week class tuition time for students.	If schools opt for the maximum number of 10 subjects*	If schools opt for 9 subjects*
28hrs x 33.4 weeks x 3 years = 2,805 hours	3 subjects @ 240 hrs each 7 subjects @ 200 hrs each* = 2,120 hrs + 400 hours wellbeing programme = 2,520 hours This leaves an additional 285 hours, over 3 years, for whatever else is deemed necessary.	3 subjects @ 240 hrs each 6 subjects @ 200 hrs each* = 1,920 hrs + 400 hours wellbeing programme = 2,320 hours This leaves an additional 485 hours, over 3 years, for whatever else is deemed necessary.

^{*}or equivalent mix of subjects and short courses.





¹ Circular 0076/2020 https://www.education.ie/en/Circulars-and-Forms/Active-Circulars/cl0076_2020.pdf

Examples of Possible Wellbeing Programmes which include Guidance education

Programme 1

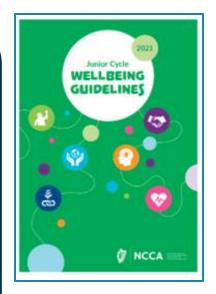
Short units of learning (10/11 weeks duration), for one 40-minute class period each week, across the three years of junior cycle.

Programme 2

Three long units of learning in response to the needs and interests of their students. Each one is 22 hours duration and runs for the year. Guidance-related learning is facilitated through short blocks, arranged between the teachers of the units of learning and the Guidance Counsellor.

Programme 3

Shorter rotating units of learning, designed in response to the needs and interests of the students The number of rotating units reflects the number of class groups in each year.





Identifying Possible Themes, Units or Topics for Exploration in Junior Cycle Guidance



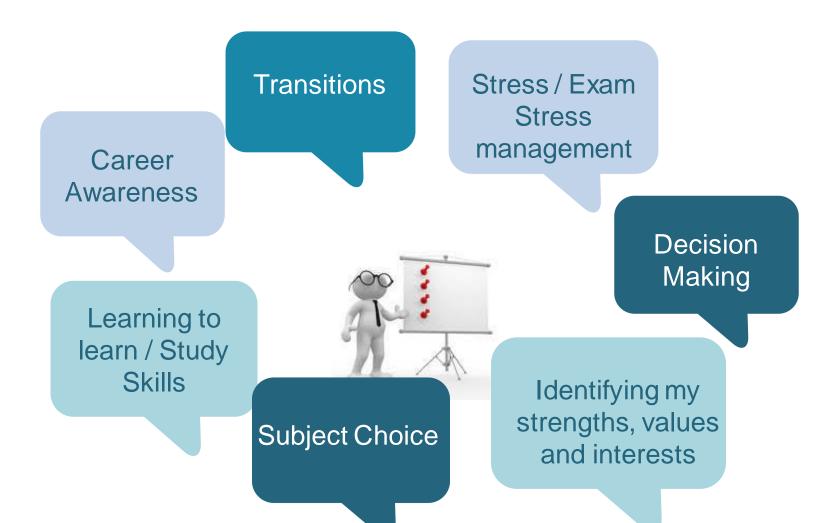


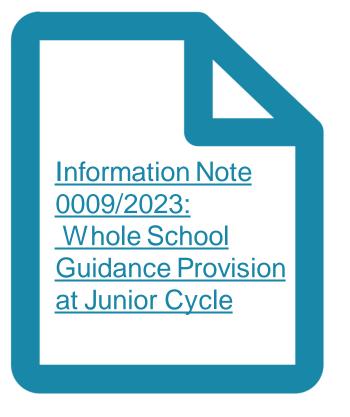
What are your students' Guidance needs at Junior Cycle?



Possible Themes and Topics for Junior Cycle (main and Guidance)







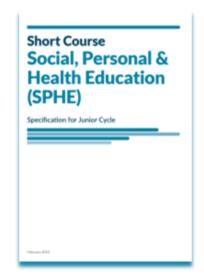
Identifying Possible Themes, Units or Topics for Exploration in Junior Cycle Guidance





From studying the SPHE specification can you identify any overlaps?

From studying the SPHE specification can you identify any gaps?







Sample Guidance Related Learning within Wellbeing Guidelines

15T YEAR	2ND YEAR	3RD YEAR
 Making the transition to 1st year Learning to learn Awareness of personal strengths and interests Setting personal and learning goals Self-management and time management skills Knowing where to go for help Subject selection (where taster programmes exist) Student mentor/buddies programme 	 Learning to learn Reflecting on myself as a learner Self-regulation for learning strategies Setting personal and learning goals Motivation Developing skills for coping with the normal stresses of life Career awareness 	 Study skills Organisational, planning and time management skills Coping strategies in times of stress Managing exam stress Managing to maintain a balanced life Identifying my values, strengths and interests and possible career pathways Subject choice Thinking about the right job for me

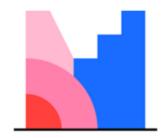
See Section 4.7 of these guidelines for a sample guidance-related unit of learning







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Session 2:

Planning Units of Learning





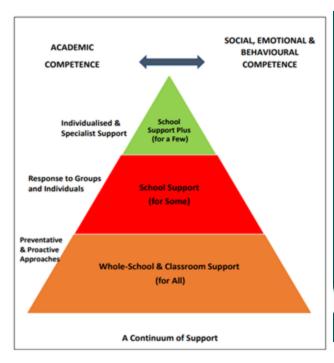


Session 2 By the end of this session participants will have;

- explored key considerations for planning a unit of learning.
- engaged in the shared preparation of a unit of learning for a second year class group.
- engaged in a range of active learner experiences and reflected on their uses in the Guidance classroom.



Planning a Unit of Learning in Guidance Key Considerations: The Continuum of Support





Guidance Lessons are a core component of **guidance for all** supports.

Guidance for some and for a few are also required at Junior Cycle.



Balanced Approach to Guidance

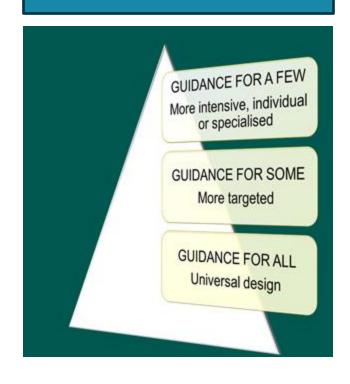
Continuum



Balance



Holistic



Guidance Units of Learning

Other Guidance Related Activities

Small Group Work



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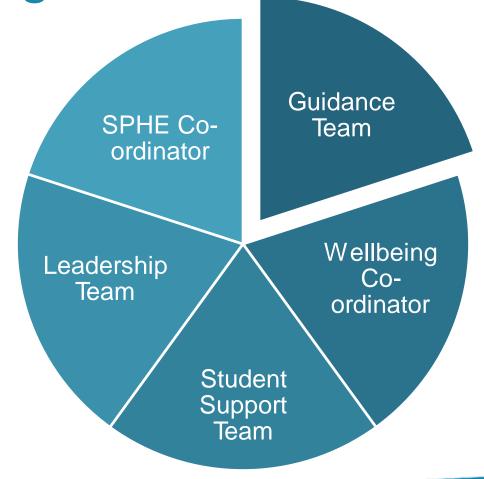


Planning a Unit of Learning in Guidance

Collaboration

Coordination and communication between the SPHE coordinator and the guidance counsellor is critical to identify potential overlap of learning between SPHE and learning in junior cycle guidance, and to ensure that they complement each other and avoid unhelpful duplication.

4.3 JC Wellbeing Guidelines 2021



Planning for Effective Teaching, Learning and Assessment in Guidance



Guidance, Wellb
eing and
SS teams
Meet regularly to
discuss the
content of the
Junior Cycle
Guidance



Collaborate to review and design the Guidance programme for the three Junior Cycle years that reflects your school's context and student needs.



Develop units of learning for each year group across the three years. Reflect and evaluate at regular intervals and tailor learning to current students.



Share information and resources using online tools and/or physical space in school for physical resources.

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Planning a Unit of Learning Key Considerations

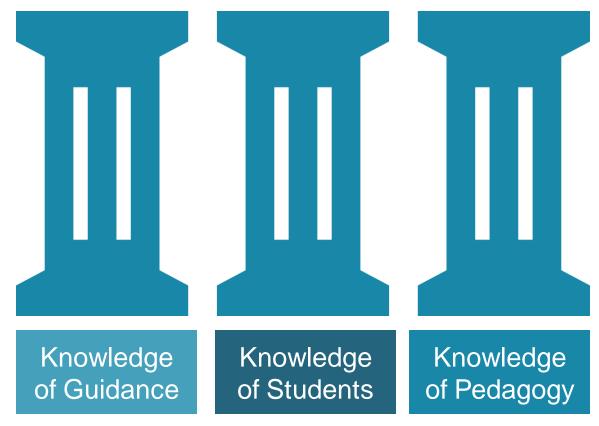
What are the considerations for you as a Guidance Counsellor when preparing for your work?





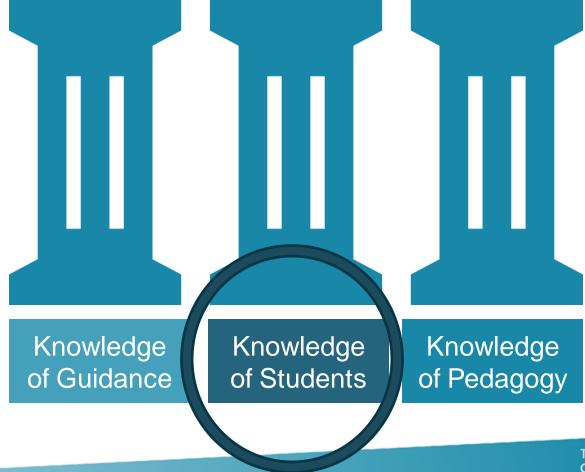


Planning a Unit of Learning Key Considerations





Planning a Unit of Learning The Pillars of Planning





Planning a Unit of Learning Knowledge of my Students







Tate



Kyle



Natalia



Jack







Planning a Unit of Learning

Planning Prompts

Learning Experiences Success Criteria and Formative Assessment



Learning Outcomes

What will the students learn?

What will they know, understand or be able to do at the end of this unit of learning?



Ments How will the students learn it?

> How will the students experience the learning? What pedagogical approaches are appropriate? What resources are appropriate? Are their cross-curricular links



How will they recognise they have succeeded? How will we know they have made progress? How does this inform next steps for both you and the student?

Planning a Unit of Learning What should the students learn?





What will the students learn?

Topic: Knowing Myself

Students will be able to explore and discuss their aptitudes, interests, values and challenges in terms of career development and learning paths.

My Aptitudes & Interests	My Values	My Challenges

What should students know, understand or be able to do at the end of this unit of learning?

Planning a Unit of Learning What should the students learn?

My Aptitudes &

aptitudes and

interests.



		Interests	,	my shamsingss
	W hat w ill the students	To identify their current aptitudes and interests.	Demonstrate understanding of their current values relating to career choice.	To identify challenges that may restrict their preferred learning and career paths.
	learn?	To explore aptitudes necessary for learning and career paths.	To identify the values that are the greatest importance to them.	To plan alternative pathways to their career interests.
		To compare and contrast	To show awareness that priority given to	To Show awareness of skills they may need to

values can change

across your lifespan.

My Values

What should students know, understand or be able to do at the end of this unit of learning?



My Challenges

improve on for their

current career interests.



Planning a Unit of Learning Learner Experiences

What learner experiences could develop this learning?



Planning a Unit of Learning

Engaging Learner Experiences



Career Sales

Walking Debate





Assessment

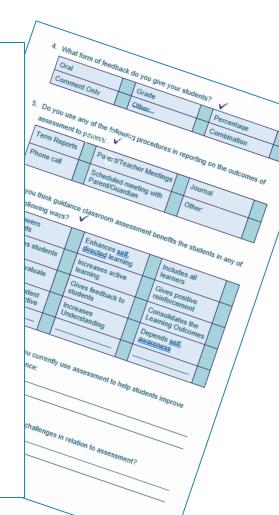
Current Assessment Practice in Junior Cycle Guidance Lessons

What assessment practices do you currently implement as part of guidance teaching and learning?

 Individual Checklist of Assessment methods you use in a Guidance Classroom

Classiconi					
Self Assessment		Online Quiz		Project	
Peer Assessment		Questionnaire		Poster	
Homework		Mentimetre		Newsletter	
Class Test		Lower and Higher order questions		Podcast	
Worksheet		Mock Interview		Concept Mapping	
Traffic Lights		Roll play		Portfolio/Digital Portfolio	
Reflection		3-2-1		Presentation	
Written Review		Demonstration		Psychometric Tests	
Choice of Assessment		Questioning		Other	

- How would you rate the importance of assessment in Guidance teaching and learning
 - 8-10 Extremely Important
 - 3-7 Average Importance
 - 1-2 Not very Important
- 3. Generally, how often would you formatively assess the learning outcomes of students in the class
 - During each class
 - At the end of a topi
 - At the end of a unit of learning
 - Never as I don't know how.



What is being assessed?

leading the assessment?

Whois

Oide

How is it being assessed?

Will success criteria be developed?

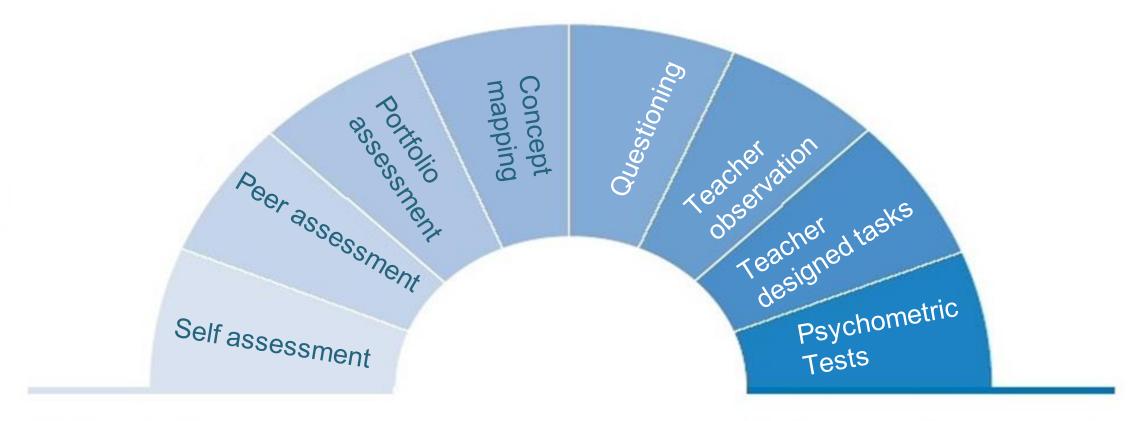
Do students have a choice in how they demonstrate learning?

How is the information used or shared?





Planning a Unit of Learning Continuum of Assessment

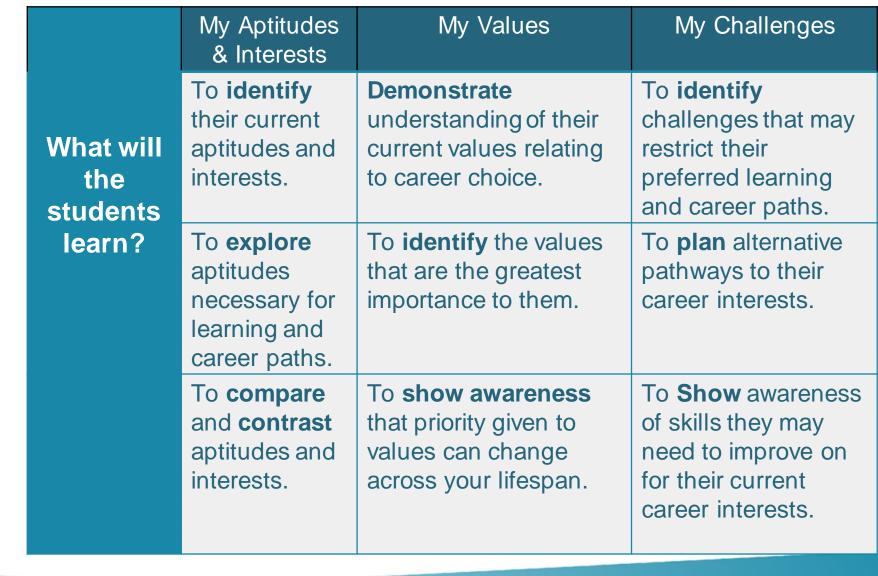


Child leads the assessment

Teacher leads the assessment

Planning a Unit of Learning

Assessment







Planning a Unit of Learning Assessment

How will you know they have learned it?

How will the student know they have learned it?

	My Aptitudes & Interests	My Values	My Challenges	
What will the students learn?	To identify their current aptitudes and interests.	Demonstrate understanding of their current values relating to career choice.	To identify challenges that may restrict their preferred learning and career paths.	
	To explore aptitudes necessary for learning and career paths.	To identify the values that are the greatest importance to them.	To plan alternative pathways to their career interests.	
	To compare and contrast aptitudes and interests.	To show awareness that priority given to values can change across your lifespan.	To Show awareness of skills they may need to improve on for their current career interests.	



Planning a Unit of Learning Considerations





What key skills and wellbeing indicators are being developed through the unit?

Managing myself
Managing information &
thinking
Working with others
Communicating

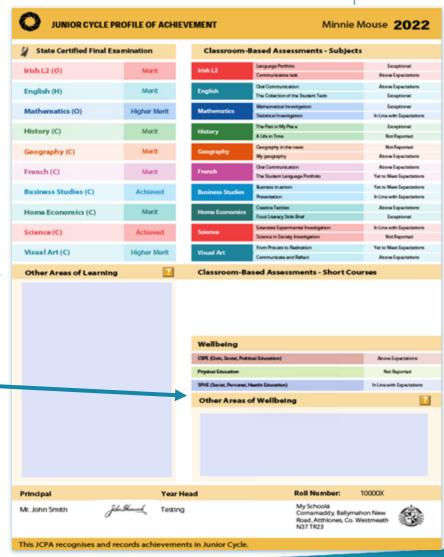
Responsible Connected Aware



Reporting Junior Cycle Profile of Achievement

Guidance can be reported in the Junior Cycle Profile of Achievement in either:

- Other Areas of Learning
- Other Areas of Wellbeing





Planning a Unit of Learning Reflection

What worked well?

What would I change for next time?

Even better if...

What did the students think of it?





Reflection

Identify three next steps for you in your Junior Cycle Guidance planning and practice as a result of today's learning.

1.		
2.		
3.		









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Supporting the Professiona Learning of School Leaders

Session 3:

Designing Your Own Units of Learning Junior Cycle Guidance







Session 3 By the end of this session participants will have;

- engaged in the shared preparation of a unit of learning, on topics suitable for Junior Cycle Guidance.
- shared their unit of learning with other participants and reflected on the process.
- reflected on their own learning from the day and recorded some of their next steps.



Planning Units of Learning Questions to Consider

Is there learning that needs to be prioritised for this group at this time?

Has this group already engaged with this topic at another point, if so, what am I doing that will build on that **prior knowledge**?

Are there **events** already happening in school that could **reinforce** learning and engage students in a more meaningful way?





Planning a Unit of Learning Knowledge of my Students







Tate



Kyle



Natalia



Jack

Second Year Mixed Ability Guidance Class





Planning your own Units of Learning

Coping in Times of Stress

The Value of Work

Choosing my Senior Cycle Programme & Subjects

Decision Making



Career
Awareness &
Labour Market
Issues





Planning a Unit of Learning

Planning Prompts



What will the students

learn?

Learning Outcomes

What will they know, understand or be able to do at the end of this unit of learning?



■ How will the students

learn it?

Learning Experiences

How will the students experience the learning? What pedagogical approaches are appropriate? What resources are appropriate? Are their cross-curricular links



Assessment

Formative Assessment

and Success Criteria

How will they recognise they have succeeded? How will we know they have made progress? How does this inform next steps for both you and the student?



Collaboratively Design a Junior Cycle Guidance Unit of Learning

What will the students learn?

How will they learn it?

Assessment

Supporting Materials or Resources





Participants have:



explored the implications of Guidance Policy and reports on their practice at Junior Cycle.



explored effective ways of incorporating Guidance into Junior Cycle.



engaged in the shared preparation of units of learning, on topics suitable for Junior Cycle Guidance.



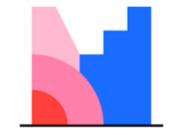
engaged in a range of active learner experiences and reflected on their uses in the Guidance classroom.







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Individual Reflection



3 new things you have learned

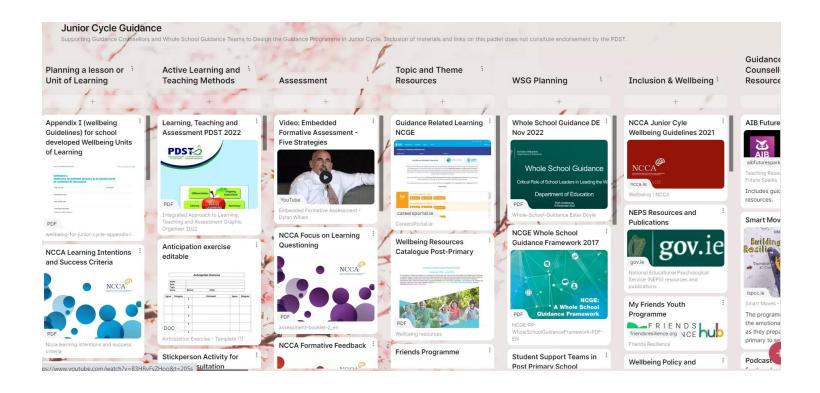
2 things that
you will
implement in
your Guidance
lessons

1 thing that you will read up on in more detail





Padlet of Resources





https://tinyurl.com/ w84ez9bk

Thank you for your participation



Website: https://oide.ie/post-primary/home/

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