Name:

# My Wood Technology Skills Progress Journey



Reflecting on the skills, techniques and coursework elements I am experiencing in Wood Technology



## Reflecting on the skills techniques and coursework elements I am experiencing in Wood Technology

In Wood Technology you will experience and learn many new skills. You will explore the use of wood through the medium of design and use it to bring your design ideas to life. Use this journal to reflect on your progress throughout your Wood Technology Learning Journey.

#### Reflection is an important part of learning as it helps you to:

- become more aware of the knowledge and skills that you have developed
- identify strengths and areas for development
- develop an action plan for future learning
- gain greater understanding of yourself and how you learn
- take more responsibility for your learning
- develop your critical thinking and problem solving skills
- become a better learner by not only 'doing', but also by 'thinking about what you did, and how you did it' think of a task that you did very well, or a mistake or error that you made and what you have learned from either one

#### How might I record my reflections on my learning

As you reflect on your learning it is important that you record your thinking through whatever media that works best for you. You might like to include sketches or pictures of the skill or task that you are working on to explain your thinking. It is important to keep all your reflections in one place so you can check in and track your progress. You might like to use a written journal, video recordings, a vlog, OneNote or any other appropriate media.

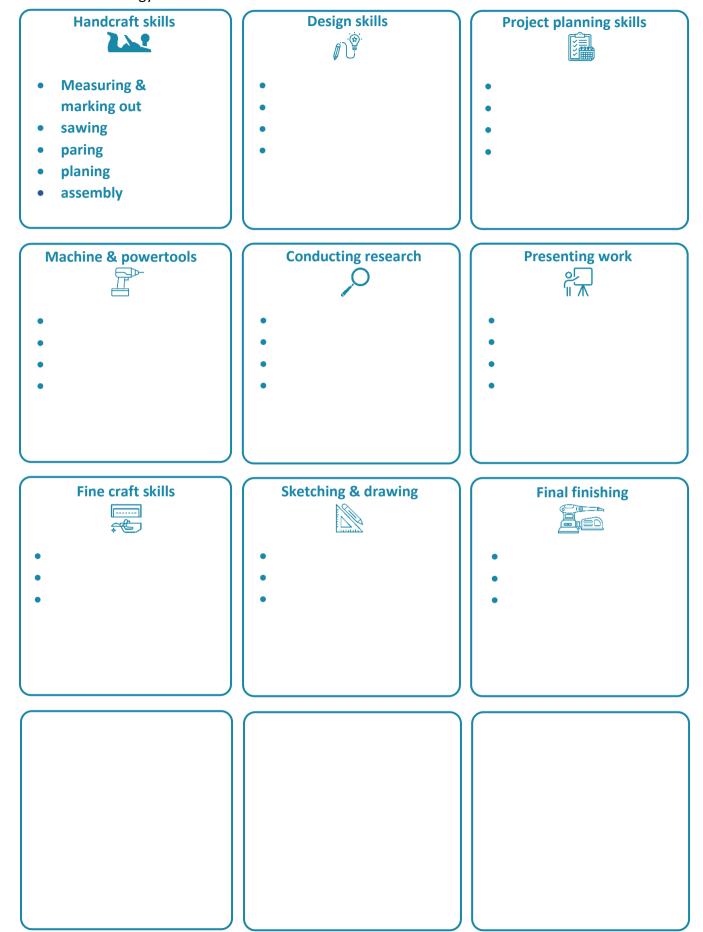


When reflecting on your learning you are asked to consider your progress in this skill.

You should consider the success criteria for the task in hand, teacher feedback and any prior reflections to analyse your progress in this skill.

#### **Coursework elements**

Use the space to list or record the skills/techniques you have learned through your coursework in Wood Technology. Add any other skills/techniques/coursework elements that you have learned or experienced in Wood Technology



## What? So what? Now what? What have I What does this tell me about What can I do to improve in this skill? learned? my strengths and areas for What are my targets and goals for moving improvement in this skill? forward? **Project:** Skill: Picture/Sketch: What?... So What?... Now What?... Project: Skill: Picture/Sketch: What?... So What?... Now What?... Skill: **Project:** Picture/Sketch: What?... So What?... Now What?...

**Coursework Element:** 

### **Analysing my Progress**

Choose a coursework element which you have reflected on. Think about your learning journey in developing the range of skills within this part of your coursework. Look back over your reflections of these skills and use the questions below to analyse your progress and to record your thoughts.

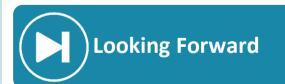
#### **My Coursework Element**



- •What were my strengths with the skills identified?
- •What challenges did I face in developing these skills?
- •What steps did I take to overcome these challenges?



- •Am I making progress? Are my skills developing? If so how and if not, why?
- •What feedback and advice did I receive? Did this feedback help in developing my skills? If so how and if not, why?



- •What do I need to improve in my coursework and skills?
- •What steps could I take to do this?