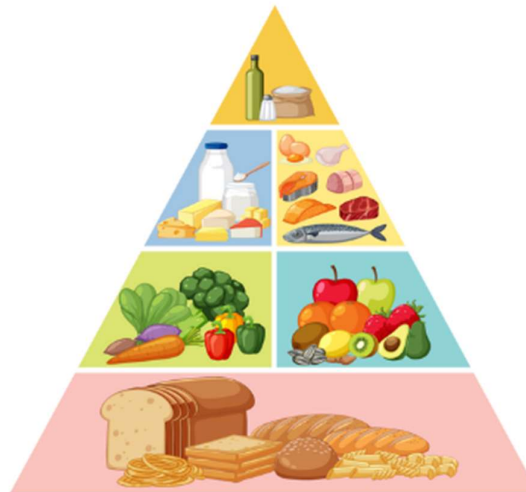


## Personal Care Scenarios

Student is having difficulty understanding physical and emotional changes during puberty.



Experiences discomfort with the sensation, taste and texture of most foods. Has a very limited number of food preferences.



Difficulty in establishing and maintaining a daily hygiene routine and doesn't understand the social importance of cleanliness.



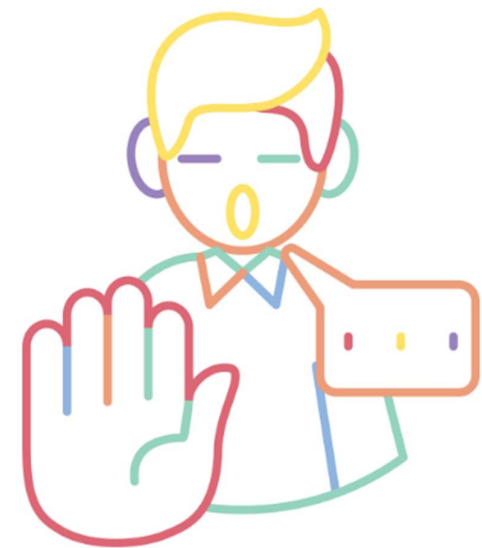
Difficulty grasping what a period is, why it happens, or how to manage it



Finds it difficult to identify and verbalise their emotions, leading to social isolation, misunderstanding and/or disagreements with peers and staff.



Struggles to say "No!"



Underestimates potential risks in an environment and doesn't adjust behaviour based on safety guidance.



Difficulty recognising physical contact requires consent and varies depending on the relationship.



Struggles to differentiate between safe and unsafe online social behaviour.



Aversion to the smell, noise, or feel of toilets (e.g., flushing sounds, cold seats).



Not understanding social rules  
about and private vs. public  
behaviours



Trouble choosing appropriate clothing for weather, activities, or body changes (e.g., bras, clean underwear, swimwear).

