







Relational Lessons in Walk Tall

	Class Level	Unit & Lesson	Strand & Strand Unit	Content Objective/Core Content
	Junior Infants	Unit 1 Lesson 7 Unit 3 Lesson 2	Strand: Myself and Others Strand Unit: My friends and other people	Identify and appreciate friends at school and how they can help and care for each other.
	Junior Infants	Unit 2 Lesson 2/4	Strand: Myself and Others Strand Unit: My friends and other people	Recognise and appreciate differences in people and know how to treat others with dignity and respect
	Senior Infants	Unit 3 Lesson 1/2	Strand: Myself and Others Strand Unit: My friends and other people	Identify, discuss and appreciate their own friends and how they can help and care for each other Discuss and examine the different aspects of friendship
	First Class	Unit 5 Lesson 2	Strand: Myself and Others Strand Unit: My friends and other people	Discuss personal friends and why they enjoy being with them
	First Class	Unit 5 lesson 2	Strand: Myself and Others Strand Unit: My friends and other people	Identify, explore and discuss qualities and skills associated with friendship
	First Class	Unit 1 Lesson 1/4	Strand: Myself and Others Strand Unit: My friends and other people	Know how to treat people with dignity and respect
	Second Class	Unit 1 Lesson 1	Strand: Myself and Others Strand Unit: My friends and other people	Explore how friends can influence personal actions and decisions
	Second Class	Unit 4 Lesson 6	Strand: Myself and Others Strand Unit: My friends and other people	Recognise and explore bullying behaviour, who is involved and the effects on different people
	Second Class	Unit 4 Lesson 6	Strand: Myself and Others Strand Unit: My friends and other people	Know that bullying is always wrong and what should be done if one is being bullied or sees it happening to someone else

	Third Class	Unit 3 Lesson 2	Strand: Myself and Others Strand Unit: My friends and other people	Appreciate the need for and the importance of friendship and interacting with others
	Third Class	Unit 4 Lesson 1-6	Strand: Myself and Others Strand Unit: My friends and other people	Acknowledge that friends often circulate in groups which can be healthy or unhealthy. Recognise, discuss and understand bullying
	Fourth Class	Unit 1 Lesson 3	Strand: Myself and Others Strand Unit: My friends and other people	Practise and recognise the importance of care and consideration, courtesy and good manners when interacting with others
	Fourth Class	Unit 5 Lesson 1-3	Strand: Myself and Others Strand Unit: My friends and other people	Recognise, discuss and understand bullying
	Fifth Class	Unit 7 Lesson 1-3	Strand: Myself and Others Strand Unit: My friends and other people	Explore the importance of friendship and interacting with others and realise that making and changin friends is part of the natural porocess of growing
	Fifth Class	Unit 1 Lesson 4 Unit 7 Lesson 1	Strand: Myself and Others Strand Unit: My friends and other people	Explore how the opinions, views or expectations of others can influence how people relate to each other, either positively or neagtively
	Fifth Class	Unit 7 Lesson 4	Strand: Myself and Others Strand Unit: My friends and other people	Recognise, discuss and understand bullying and its effects
	Sixth Class	Unit 1 Lesson 6 Unit 8 Lesson 3/4	Strand: Myself and Others Strand Unit: My friends and other people	Explore how the opinions, views or expectations of others can influence how people relate to each other, either positively or negatively

The Walk Tall Programme



Click [here](https://pdst.ie/walktall) to access online versions of the Walk Tall resources.

Alternatively they can be found at <https://pdst.ie/walktall>