Theme/Activity Planning Tool Sample Senior Cycle Level 1 Learning Programme

Activity:

Students take part in a practical life skills activity that involves walking to the local shop to purchase ingredients for their weekly cookery class. This activity promotes independence, community participation, and real-world learning.

Senior Cycle Level 1 Curriculum Areas Learning Outcomes					
Communication & Literacy	a. Demonstrate awareness of sensory stimuli in the learning environment	b. Interact with familiar and unfamiliar people in their environment	c. Respond to verbal and nonverbal cues relating to familiar communicative	j. Demonstrate an understanding of the use of gestures, tone and volume	
Numeracy	a. Demonstrate an awareness that coins and paper notes are both money	e. Recognise and use the language associated with money	f. Purchase items using money	g. Purchase items as part of a cashless transaction	
Personal Care	b. express preferences, likes and dislikes	d. engage in and practice appropriate interactions during cooperative activities	k. initiate engagement with others	q. show awareness of personal space and communicate discomfort or consent regarding personal space or touch during routines	

Senior Cycle Level 1 Electives Learning Outcomes				
Physical Education	a. show awareness of their body and respond to movement fully supported or prompted by others	c. move whole or some body parts to explore their immediate environment	i. demonstrate an awareness of safe practices when engaging in physical activities	d. move whole body or individual limbs in a range of directions and at different speeds
Visual Art	d. choose colours, materials, tools or form for a familiar task	r. identify and recognise art in their local environments		
Drama	n. create social narratives for everyday activities	p. participate in role-play activities and/or assuming a basic character	q. act out simple scenarios	
Looking After My Environment	a. observe some of the distinctive natural features of their environments	b. observe some of the distinctive human-made features of their environments	o. identify everyday items that can be reused	r. recognise symbols and signs related to recycling

Sample Senior Cycle Level 2 Learning Programme

Activity:

Students take part in a practical life skills activity that involves walking to the local shop to purchase ingredients for their weekly cookery class. This activity promotes independence, community participation, and real-world learning.

Senior Cycle Level 2 Curriculum Areas Learning Outcomes					
Communication & Literacy	a. Use a variety of non- verbal communication methods	b. Demonstrate understanding and ability to use and respond to non-verbal and non- written communication	e. Follow non-verbal instructions and directions	k. Write a structured list	
Numeracy	b. Demonstrate an awareness that money has a purpose and value	e. Recognise and use the language associated with money	f. Purchase items using money	h. Attend to and/or count money	
Personal Care	b. explore ways to support their personal health and wellbeing including physical activity,nutrition, sleep, social connections and hobbies	c. describe personal hygiene routines and demonstrate increased responsibility for personal care	h. communicate needs and wants assertively and respectfully	i. demonstrate refusal skills appropriately and effectively	

Senior Cycle Level 2 Electives Learning Outcomes				
Cookery	a. identify and safely use essential kitchen equipment, such as knives, chopping boards, blenders, measuring tools	c. recognise and follow safety procedures within a kitchen environment	d. engage in measuring and weighing techniques for both dry and liquid ingredients	f. identify 'use by' and 'best before' dates on food
Drama	r. create an improvisation based on their imagination, an event, personal experience or a prescribed scene	n. contribute and develop ideas in drama, using personal experience and imagination		
Visual Art	a. engage with different art elements such as texture, colour, materials using hands, tools or techniques	n. identify and recognise art in their local environment		
Literature	b. identify a piece of literature on a certain theme or for a certain	e. identify and extract relevant information or key points from a piece of literature		
Physical Education	a. demonstrate a range of fundamental movement skills	I. recognise the essential elements of a healthy lifestyle	o. identify key body parts (e.g. heart, lungs, muscles) and understand how these parts help support physical health	t. explain how different lifestyle choices can impact on our health and wellbeing
Looking After My Environment	a. recognise the distinctive natural and human-made features of their local areas, region and county	b. recognise the names and relative location of some natural and human-made features of their local areas	c. recognise cardinal directions during exploration of the local areas	d. use and record directions and routes on maps
My Life, My Finance	a. recognise that money has a value	c. recognise, engage with and use different forms of money such as cash, cards, contactless or apps	d. recognise that some goods and services will cost more than others	k. identify and interpret key aspects of shopping receipts