



# Doughnut Economics

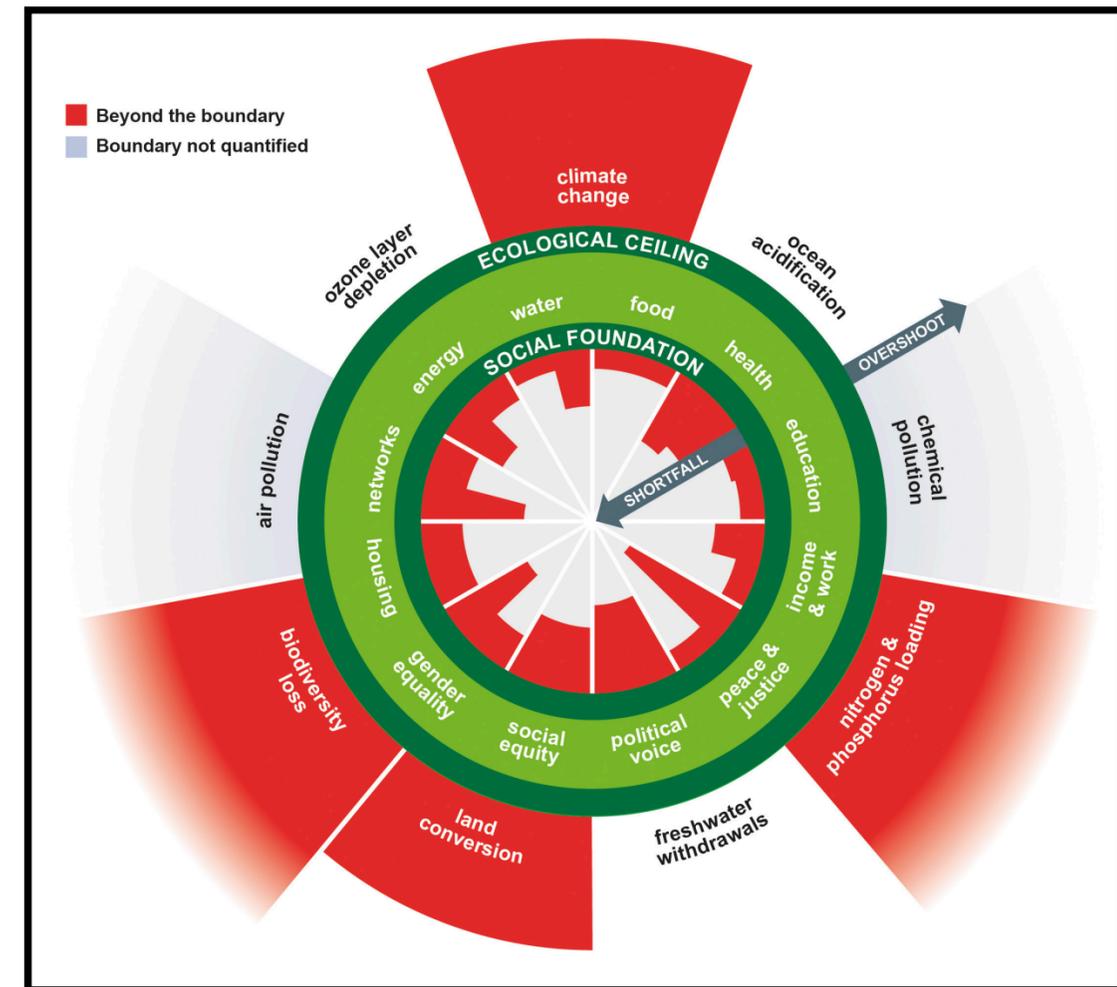
The Doughnut Economy is a concept developed by economist Kate Raworth. It offers a new framework for economic growth that focuses on both environmental and social sustainability.

The idea is represented as a "doughnut" shape. The inner circle represents the minimum standards needed for a good quality of life (e.g., access to food, healthcare, education, housing, and a safe environment).

The outer circle represents the environmental limits we must not exceed in order to prevent damaging the planet.

Advantages of doughnut economics: The needs of all people are met while staying within the planet's limits. This means avoiding both shortfalls (where people are deprived of basic needs) and overshoots (where environmental damage is caused by exceeding planetary boundaries).

Downfalls of doughnut economics: It's hard to know exactly when we're staying within environmental limits. Without clear ways to measure progress, it's tough to know if it is being implemented successfully. It relies on countries working together on big issues like climate change and inequality. But different countries have different priorities and resources, getting everyone on the same page is challenging.



Sources: [www.doughnuteconomics.org](http://www.doughnuteconomics.org)  
<https://doughnuteconomics.org/organisations-and-networks/irish-doughnut-economics-network>